

Week 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BREAKFAST

SAUSAGE LINKS SCRAMBLED EGGS FRENCH TOAST	BACON SCRAMBLED EGGS BREAKFAST POTATO	BREAKFAST VEG'S CASSEROLE MUFFINS	BREAKFAST HAM SCRAMBLED EGGS WAFFLES/STRAWBERRY	SAUSAGE PATTY SCRAMBLED EGGS BREAKFAST POTATO
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LUNCH

CHICKEN STRIPS OR CHILI HOT DOG FRIES	EGG ROLLS OR TSO CHINESE RICE	BEEF STEW OR OPEN FACED TURKEY SANDWICH/GRAVY NEW POTATOES	CHEESE BURGER OR TUNA BAKE CHIPS	CHEF'S CHOICE
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DINNER

KEILBASA OR TURKEY SANDWICH SCALLOPED POTATOES	COUNTRY FRIED STEAK OR MANICOTTI MASHED POTATO	PORK CHOP OR LEMON COD SWEET POTATOES	CHICKEN FAJITA BREAST OR TACO SALAD RICE	OFF
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week 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BREAKFAST

SAUSAGE LINKS SCRAMBLED EGGS FRENCH TOAST	BACON SCRAMBLED EGGS BREAKFAST POTATO	BREAKFAST BURRITTO MUFFINS BREAKFAST POTATO	BREAKFAST HAM SCRAMBLED EGGS WAFFLES/STRAWBERRY	SAUSAGE PATTY SCRAMBLED EGGS BICUITS AND GRAVY
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LUNCH

POT ROAST OR FRIED FISH NEW POTATOES	GYRO'S OR RAVIOLI RICE	HAM STEAKS OR OPEN FACED BEEF SANDWICH/GRAVY AU GRATIN POTATOES	SLOPPY JOES OR NEPTUNE PASTA BAKE CHIPS	PORK RIB PATTY OR CORN DOG FRIES
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DINNER

SPAGHETTI MEATBALL OR PORK CHOP SANDWICH CHIPS	COUNTRY FRIED CHICKEN OR MEAT LOAF MASHED POTATO	VEAL FRITTER OR LEMON TILAPIA SWEET POTATOES	CHICKEN THIGHS OR TACO BEEF SALAD RICE	OFF
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week 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BREAKFAST

SAUSAGE LINKS SCRAMBLED EGGS FRENCH TOAST	BACON SCRAMBLED EGGS BREAKFAST POTATO	BREAKFAST CASSEROLE MUFFINS	BREAKFAST OMELET WAFFLES/STRAWBERRY	SAUSAGE PATTY SCRAMBLED EGGS BICUITS AND GRAVY
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LUNCH

BEEF TAMALE OR BAKED POTATO BAR	TERIYAKI BURGER OR PIZZA FRIES	POPCORN SHRIMP OR BACON CHEESE DOG CHIPS	ORANGE CHICKEN OR POLLOCK RICE	CHEF CHOICE
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DINNER

FISH & CHIPS OR PORK CHOP SANDWICH FRIES	SWEET & SOUR MEATBALLS OR	CHICKEN KIEV OR TURKEY CRANBERRY SANDWICH MASHED POTATO	ITALIAN SUB OR BEEF CUBE STEAK AU GRATIN POTATO	OFF
	HAM CASSEROLE RICE			

week 4

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BREAKFAST

SAUSAGE LINKS SCRAMBLED EGGS FRENCH TOAST	CHORIZO SCRAMBLED EGGS BREAKFAST POTATO	BREAKFAST CASSEROLE MUFFINS	BREAKFAST WESTERN OMELET WAFFLES/STRAWBERRY	SAUSAGE PATTY SCRAMBLED EGGS BREAKFAST POTATO
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LUNCH

MEXICAN CHICKEN CASSEROLE OR BURRITO RICE	REUBAN OR SALIBURG STEAK SCALLOPED POTATO	VEG LASAGNA OR MEAT COMBO WRAP CHIPS	HAM STEAK OR SMOTHERED CHICKEN CASSEROLE SWEET POTATOES	CHEF CHOICE
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DINNER

TURKEY MEATLOAF OR PULLED PORK SANDWICH MASHED POTATO	SWEDISH MEATBALLS OR FISH FILLET RICE	CHICKEN ALA KING OR TAMPRA PORK NOODLES	COD/DILL SAUCE OR EGG SALAD SANDWICH AU GRATIN POTATO	OFF
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